

28. Steinbecker Triathlon 2019



SteelMan am 23.06.2019

Ergebnisliste

| Rang | R-M | R-W | Snr | Name | Verein | AK | Jg | R-AK | Zwischenzeiten | | | Endzeit | Rückstand |
|------|-----|-----|-----|-----------------------|-------------------------------|-------|------|------|----------------|------------|------------|------------|------------|
| | | | | | | | | | Schwimmen | Rad | Lauf | | |
| 1 | 1 | | 106 | Mark Oude Bennink | Triathlon Club Twente | AK 30 | 1987 | 1 | 00:19:52.6 | 01:46:23.8 | 01:21:59.3 | 03:28:15.7 | 00:00:00.0 |
| 2 | 2 | | 70 | Luc Verhamme | NSTV Trion | AK 35 | 1982 | 1 | 00:23:13.5 | 01:48:57.2 | 01:23:59.3 | 03:36:10.0 | 00:07:54.3 |
| 3 | 3 | | 136 | Patrick Olberding | TuS BW Lohne Triathlon | AK 25 | 1994 | 1 | 00:23:22.9 | 01:51:19.8 | 01:26:18.8 | 03:41:01.5 | 00:12:45.8 |
| 4 | 4 | | 119 | Ajoshia Pilot | Tricity Paderborn 2001 | AK 30 | 1985 | 2 | 00:27:35.2 | 01:57:02.2 | 01:23:44.5 | 03:48:21.9 | 00:20:06.2 |
| 5 | 5 | | 29 | Jens Nowak | 1.TCO die Bären | AK 45 | 1971 | 1 | 00:26:10.5 | 01:58:25.7 | 01:24:00.1 | 03:48:36.3 | 00:20:20.6 |
| 6 | 6 | | 39 | Johannes Diedershagen | DJK Marienstatt | AK 25 | 1990 | 2 | 00:24:38.8 | 01:51:33.8 | 01:32:57.5 | 03:49:10.1 | 00:20:54.4 |
| 7 | 7 | | 80 | Peter Weiß | SC Union 08 Lüdinghausen | AK 50 | 1968 | 1 | 00:26:09.2 | 01:52:13.6 | 01:31:51.6 | 03:50:14.4 | 00:21:58.7 |
| 8 | 8 | | 174 | Joost Hindriks | Schoonebeek | AK 30 | 1985 | 3 | 00:31:23.3 | 01:53:37.1 | 01:27:39.0 | 03:52:39.4 | 00:24:23.7 |
| 9 | 9 | | 121 | Benjamin Pfeiffer | TriFinish Münster | AK 30 | 1987 | 4 | 00:30:17.7 | 01:59:59.2 | 01:28:37.7 | 03:58:54.6 | 00:30:38.9 |
| 10 | 10 | | 109 | Rob Doornbos | Triathlon Team de Boks | AK 40 | 1977 | 1 | 00:26:50.3 | 01:59:34.1 | 01:32:40.9 | 03:59:05.3 | 00:30:49.6 |
| 11 | 11 | | 113 | Martin Lippert | Triathlon Team Düsseldorf | AK 50 | 1968 | 2 | 00:25:55.8 | 02:00:01.1 | 01:35:25.1 | 04:01:22.0 | 00:33:06.3 |
| 12 | 12 | | 40 | Waldemar Thoma | Erdinger Alkoholfrei | AK 50 | 1969 | 3 | 00:32:40.2 | 01:57:28.5 | 01:31:40.2 | 04:01:48.9 | 00:33:33.2 |
| 13 | 13 | | 193 | Konrad Lampe | Osnabrueck | AK 40 | 1978 | 2 | 00:29:29.9 | 01:59:19.1 | 01:33:29.6 | 04:02:18.6 | 00:34:02.9 |
| 14 | 14 | | 143 | Jens Wiesenmüller | TV Georgsmarienhütte | AK 50 | 1965 | 4 | 00:26:25.5 | 02:02:26.5 | 01:33:59.9 | 04:02:51.9 | 00:34:36.2 |
| 15 | 15 | | 82 | Martin Bramkamp | SC Weyhe Triathlon | AK 45 | 1971 | 2 | 00:27:54.3 | 02:00:36.4 | 01:35:00.8 | 04:03:31.5 | 00:35:15.8 |
| 16 | 16 | | 154 | Sascha Widera | TV Lengerich | AK 25 | 1993 | 3 | 00:26:51.4 | 01:58:47.0 | 01:38:48.9 | 04:04:27.3 | 00:36:11.6 |
| 17 | | 1 | 30 | Viktoria Rath | 1.Tri-Club Paderborn | AK 30 | 1986 | 1 | 00:26:33.5 | 02:03:44.4 | 01:36:27.8 | 04:06:45.7 | 00:38:30.0 |
| 18 | 17 | | 89 | Andreas Gößling | SV Teuto Riesenbeck | AK 50 | 1967 | 5 | 00:30:08.4 | 01:59:38.8 | 01:37:07.9 | 04:06:55.1 | 00:38:39.4 |
| 19 | 18 | | 76 | Christoph Dirkes | SC Altenrheine | AK 40 | 1978 | 3 | 00:26:01.7 | 01:53:06.4 | 01:48:27.2 | 04:07:35.3 | 00:39:19.6 |
| 20 | 19 | | 133 | Christian Engelmann | TSVE 1890 Bielefeld e.V. | AK 40 | 1978 | 4 | 00:26:52.7 | 02:01:01.1 | 01:39:49.3 | 04:07:43.1 | 00:39:27.4 |
| 21 | 20 | | 35 | Richard Moesker | De Boks | AK 45 | 1974 | 3 | 00:29:52.0 | 02:04:37.7 | 01:33:19.7 | 04:07:49.4 | 00:39:33.7 |
| 22 | 21 | | 28 | Andreas Schuster | 1. Tri-Club Paderborn | AK 60 | 1958 | 1 | 00:25:31.2 | 02:01:14.1 | 01:42:48.1 | 04:09:33.4 | 00:41:17.7 |
| 23 | 22 | | 124 | Stefan Nolte | TriFun Hennesee | AK 45 | 1974 | 4 | 00:33:34.4 | 01:59:41.5 | 01:36:49.0 | 04:10:04.9 | 00:41:49.2 |
| 24 | 23 | | 51 | Christoph Wehner | Hartmann TriTeam TVG Kaiserau | AK 30 | 1985 | 5 | 00:32:43.7 | 01:55:20.5 | 01:42:03.3 | 04:10:07.5 | 00:41:51.8 |
| 25 | | 2 | 73 | Anke Schmitz-Elvenich | OSC Bremerhaven Triathlon | AK 45 | 1971 | 1 | 00:26:10.9 | 02:04:17.3 | 01:41:33.1 | 04:12:01.3 | 00:43:45.6 |
| 26 | | 3 | 32 | Marlene Feldmann | Bocholter WSV | AK 30 | 1989 | 2 | 00:29:19.7 | 02:05:46.9 | 01:38:39.5 | 04:13:46.1 | 00:45:30.4 |
| 27 | 24 | | 67 | Winfried Schreiber | MTK Bad Harzburg | AK 25 | 1990 | 4 | 00:26:32.4 | 02:08:35.9 | 01:39:24.5 | 04:14:32.8 | 00:46:17.1 |
| 28 | 25 | | 125 | Jan Zellin | Tri-Geckos Dortmund | AK 35 | 1983 | 2 | 00:30:00.1 | 02:09:23.8 | 01:35:34.1 | 04:14:58.0 | 00:46:42.3 |
| 29 | 26 | | 196 | Markus Völker | Paderborn | AK 45 | 1971 | 5 | 00:27:15.0 | 02:02:45.9 | 01:45:09.0 | 04:15:09.9 | 00:46:54.2 |
| 30 | 27 | | 158 | Oliver Brau | TV Norden | AK 45 | 1973 | 6 | 00:29:41.5 | 02:02:02.3 | 01:43:35.2 | 04:15:19.0 | 00:47:03.3 |
| 31 | 28 | | 92 | Bernd Wallmeier | SV Teuto Riesenbeck | AK 50 | 1969 | 6 | 00:28:03.2 | 01:57:25.3 | 01:50:02.9 | 04:15:31.4 | 00:47:15.7 |

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|----|----|-------|-------------------------|---------------------------------------|-------|------|----|------------|------------|------------|------------|------------|
| 32 | 29 | 63 | Michael Nottebohm | Marathon-Club Menden | AK 40 | 1977 | 5 | 00:29:18.7 | 02:04:44.8 | 01:42:31.1 | 04:16:34.6 | 00:48:18.9 |
| 33 | 30 | 94 | Markus Tentler | SV Weiher | AK 45 | 1973 | 7 | 00:34:31.7 | 02:04:57.6 | 01:37:07.7 | 04:16:37.0 | 00:48:21.3 |
| 34 | 31 | 147 | Michael Nieten | Tv Goch | AK 50 | 1969 | 7 | 00:30:18.3 | 02:05:36.3 | 01:41:06.1 | 04:17:00.7 | 00:48:45.0 |
| 35 | | 4 37 | Renate Post | De Boks | AK 35 | 1982 | 1 | 00:26:59.1 | 02:04:08.6 | 01:47:00.0 | 04:18:07.7 | 00:49:52.0 |
| 36 | 32 | 93 | Stefan Fischer | SV Union Meppen | AK 40 | 1978 | 6 | 00:29:46.6 | 02:05:00.1 | 01:44:41.5 | 04:19:28.2 | 00:51:12.5 |
| 37 | 33 | 114 | Sander Kijk in de Vegte | Triathlon Vereniging De Boks | AK 40 | 1975 | 7 | 00:27:45.3 | 02:10:09.1 | 01:41:42.1 | 04:19:36.5 | 00:51:20.8 |
| 38 | 34 | 159 | Nils Kutscher | TV Norden | AK 50 | 1968 | 8 | 00:30:29.4 | 02:08:00.9 | 01:41:15.3 | 04:19:45.6 | 00:51:29.9 |
| 39 | 35 | 140 | Alex Bergsma | TV Arnhem | AK 40 | 1977 | 8 | 00:27:13.8 | 02:23:16.9 | 01:29:32.0 | 04:20:02.7 | 00:51:47.0 |
| 40 | | 5 118 | Kathrin Ernst | TriathlonTEAM TG Witten | AK 50 | 1969 | 1 | 00:31:04.9 | 02:10:08.7 | 01:41:47.0 | 04:23:00.6 | 00:54:44.9 |
| 41 | 36 | 128 | Torben Söller | TriTeam Steinfurt | AK 30 | 1986 | 6 | 00:31:00.8 | 02:06:49.1 | 01:45:34.4 | 04:23:24.3 | 00:55:08.6 |
| 42 | 37 | 180 | Ole Grothaus | Kirchlengern | AK 40 | 1978 | 9 | 00:27:18.1 | 02:06:46.7 | 01:49:44.1 | 04:23:48.9 | 00:55:33.2 |
| 43 | 38 | 43 | Bernd Eilers | FC St. Pauli Triathlon | AK 60 | 1959 | 2 | x | x | 04:23:49.7 | 04:23:49.7 | 00:55:34.0 |
| 44 | 39 | 130 | Thorsten Bittner | TSG 07 Burg Gretesch | AK 50 | 1966 | 9 | 00:26:16.2 | 01:59:13.9 | 01:58:24.8 | 04:23:54.9 | 00:55:39.2 |
| 45 | 40 | 170 | Marco Renkert | WSU | AK 45 | 1974 | 8 | 00:30:58.9 | 02:01:35.1 | 01:53:58.1 | 04:26:32.1 | 00:58:16.4 |
| 46 | 41 | 192 | Florian Pieper | Berlin | AK 30 | 1986 | 7 | 00:29:34.5 | 02:07:35.5 | 01:50:56.4 | 04:28:06.4 | 00:59:50.7 |
| 47 | 42 | 163 | Markus Nobbe | TVE Greven Triathlon | AK 45 | 1971 | 9 | 00:28:52.7 | 02:00:13.1 | 01:59:19.1 | 04:28:24.9 | 01:00:09.2 |
| 48 | 43 | 177 | Fabian Thiele | Osnabrück | AK 35 | 1984 | 3 | 00:31:40.7 | 02:01:18.3 | 01:55:28.9 | 04:28:27.9 | 01:00:12.2 |
| 49 | 44 | 127 | Marc Tarrach | Tri-Team Hagen | AK 40 | 1979 | 10 | x | 02:43:59.8 | 01:44:35.3 | 04:28:35.1 | 01:00:19.4 |
| 50 | 45 | 183 | Anatolij Schulan | Ermke | AK 40 | 1979 | 11 | 00:27:10.2 | 02:06:23.3 | 01:55:41.7 | 04:29:15.2 | 01:00:59.5 |
| 51 | 46 | 79 | Olaf Paweletz | SC Aquarius Löhne | AK 50 | 1969 | 10 | 00:29:46.1 | 02:13:59.7 | 01:46:16.1 | 04:30:01.9 | 01:01:46.2 |
| 52 | 47 | 135 | Patrick Hake | TUS BLAU WEIß LOHNE Triathlon | AK 30 | 1989 | 8 | 00:27:22.9 | 02:06:23.6 | 01:56:41.4 | 04:30:27.9 | 01:02:12.2 |
| 53 | | 6 102 | Barbara Bergmann | Tri Team Steinfurt | AK 35 | 1982 | 2 | 00:30:01.6 | 02:16:21.7 | 01:44:37.2 | 04:31:00.5 | 01:02:44.8 |
| 54 | 48 | 150 | Andreas Brüseke | TV Hohne | AK 50 | 1969 | 11 | 00:33:06.9 | 02:16:33.2 | 01:41:23.6 | 04:31:03.7 | 01:02:48.0 |
| 55 | 49 | 66 | Jens Klusmann | MCM Marathon-Club-Menden | AK 35 | 1981 | 4 | 00:39:13.5 | 02:12:25.9 | 01:39:31.4 | 04:31:10.8 | 01:02:55.1 |
| 56 | 50 | 64 | Philipp Lüke | Marathon-Club-Menden | AK 40 | 1975 | 12 | 00:37:50.8 | 02:04:47.5 | 01:48:32.8 | 04:31:11.1 | 01:02:55.4 |
| 57 | | 7 53 | Ina Ketzer | Iserlohner Triathlon Team | AK 50 | 1965 | 2 | 00:30:05.6 | 02:07:37.3 | 01:53:56.3 | 04:31:39.2 | 01:03:23.5 |
| 58 | | 8 145 | Tatjana Appelhans | TV Georgsmarienhütte | AK 50 | 1968 | 3 | 00:29:26.0 | 02:12:08.3 | 01:50:31.0 | 04:32:05.3 | 01:03:49.6 |
| 59 | 51 | 116 | Kor Pestmann | triathlonteam de boks | AK 35 | 1983 | 5 | 00:30:04.6 | 02:05:56.5 | 01:56:57.5 | 04:32:58.6 | 01:04:42.9 |
| 60 | 52 | 38 | John Pals | De Boks | AK 50 | 1965 | 12 | 00:35:14.2 | 02:04:35.8 | 01:53:56.3 | 04:33:46.3 | 01:05:30.6 |
| 61 | 53 | 61 | Henrik Lachmann | Marathon Ibbenbüren | AK 20 | 1998 | 1 | 00:24:34.5 | 02:24:08.2 | 01:45:14.8 | 04:33:57.5 | 01:05:41.8 |
| 62 | 54 | 164 | Martin Scharf | TVE Greven Triathlon | AK 50 | 1967 | 13 | 00:28:54.2 | 02:10:54.0 | 01:54:48.1 | 04:34:36.3 | 01:06:20.6 |
| 63 | 55 | 185 | László Böröcz | Keszthely | AK 55 | 1961 | 1 | 00:26:44.7 | 02:13:41.5 | 01:54:22.1 | 04:34:48.3 | 01:06:32.6 |
| 64 | 56 | 168 | Stefan Voltz | VFR Voxtrup | AK 50 | 1968 | 14 | 00:31:09.0 | 02:11:15.5 | 01:47:24.4 | 04:34:48.9 | 01:06:33.2 |
| 65 | 57 | 57 | Raf Gude | LG Rheine-Elte | AK 50 | 1968 | 15 | 00:30:44.5 | 02:20:02.2 | 01:44:32.9 | 04:35:19.6 | 01:07:03.9 |
| 66 | 58 | 69 | Sascha Brader | MTV Hohenkirchen | AK 50 | 1969 | 16 | 00:29:31.2 | 02:13:45.2 | 01:52:21.3 | 04:35:37.7 | 01:07:22.0 |
| 67 | 59 | 138 | Urs Rempe | Tut Blau Weiß Lohne Triathlon | AK 40 | 1975 | 13 | 00:27:09.5 | 02:07:49.7 | 02:01:43.2 | 04:36:42.4 | 01:08:26.7 |
| 68 | 60 | 131 | Thomas Kricheldorf | TSV Anderten | AK 45 | 1974 | 10 | 00:31:48.5 | 02:12:46.6 | 01:52:18.0 | 04:36:53.1 | 01:08:37.4 |
| 69 | 61 | 58 | Manfred Niehüser | LT Ramsloh / Team Erdiger Alkoholfrei | AK 50 | 1969 | 17 | 00:32:43.2 | 02:07:45.2 | 01:56:35.5 | 04:37:03.9 | 01:08:48.2 |
| 70 | 62 | 108 | Rob Bos | Triathlon Team De Boks | AK 25 | 1992 | 5 | 00:30:43.9 | 02:08:38.3 | 01:58:36.1 | 04:37:58.3 | 01:09:42.6 |

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|-----|----|-----|----------------------|-------------------------------|-------|------|----|------------|------------|------------|------------|------------|
| 71 | 63 | 184 | Michael Pöhler | Glandorf | AK 20 | 1996 | 2 | 00:28:05.9 | 02:16:35.8 | 01:53:18.7 | 04:38:00.4 | 01:09:44.7 |
| 72 | 64 | 99 | Bernd Voss | Team Schokoladenhotel | AK 50 | 1966 | 18 | 00:31:07.0 | 02:12:16.8 | 01:54:38.1 | 04:38:01.9 | 01:09:46.2 |
| 73 | 65 | 117 | Richard Boxem | Triathlonteam de Boks | AK 40 | 1979 | 14 | 00:34:46.8 | 02:08:11.2 | 01:55:04.9 | 04:38:02.9 | 01:09:47.2 |
| 74 | 66 | 188 | Philipp Westerholt | Oldenburg | AK 35 | 1984 | 6 | 00:25:39.7 | 02:10:27.1 | 01:57:02.6 | 04:38:09.4 | 01:09:53.7 |
| 75 | 67 | 144 | Christoph Kulgemeyer | TV Georgsmarienhütte | AK 50 | 1965 | 19 | 00:34:42.7 | 02:19:59.0 | 01:44:37.5 | 04:39:19.2 | 01:11:03.5 |
| 76 | 68 | 60 | Thomas Waltar | LTV | AK 35 | 1980 | 7 | 00:29:54.3 | 02:15:27.5 | 01:54:06.9 | 04:39:28.7 | 01:11:13.0 |
| 77 | 9 | 87 | Ulrike Bosman | SV Aegir 09 Hannover | AK 45 | 1973 | 2 | 00:31:41.9 | 02:15:32.7 | 01:52:58.3 | 04:40:12.9 | 01:11:57.2 |
| 78 | 69 | 156 | Frank Wenholt | TV Norden | AK 45 | 1973 | 11 | 00:30:54.4 | 02:10:58.8 | 01:58:27.4 | 04:40:20.6 | 01:12:04.9 |
| 79 | 70 | 97 | Reinhard Roy | Team Erdinger Alkoholfrei | AK 55 | 1964 | 2 | 00:30:37.3 | 02:08:12.2 | 02:01:33.6 | 04:40:23.1 | 01:12:07.4 |
| 80 | 71 | 179 | Paul Steeger | Münster | AK 25 | 1992 | 6 | 00:29:02.4 | 02:17:21.7 | 01:54:28.0 | 04:40:52.1 | 01:12:36.4 |
| 81 | 72 | 162 | Detlef Bruske | TVC Enger | AK 50 | 1966 | 20 | 00:30:48.3 | 02:21:56.3 | 01:48:07.7 | 04:40:52.3 | 01:12:36.6 |
| 82 | 73 | 46 | Ingo Oldenettel | FC St. Pauli-Triathlon | AK 40 | 1977 | 15 | 00:35:00.0 | 02:01:26.2 | 02:04:46.0 | 04:41:12.2 | 01:12:56.5 |
| 83 | 74 | 141 | Wolfgang Rohe | TV Attendorn TRI TIME | AK 55 | 1960 | 3 | 00:30:04.0 | 02:09:31.2 | 02:01:50.6 | 04:41:25.8 | 01:13:10.1 |
| 84 | 75 | 86 | Michael Kordsmeyer | Stella Bevergern | AK 50 | 1967 | 21 | 00:33:29.7 | 02:13:07.7 | 01:56:28.5 | 04:43:05.9 | 01:14:50.2 |
| 85 | 76 | 148 | Joachim Flüthmann | TV Gronau | AK 55 | 1960 | 4 | 00:31:38.0 | 02:09:56.0 | 02:02:21.9 | 04:43:55.9 | 01:15:40.2 |
| 86 | 77 | 110 | Gerhard Scholtens | Triathlon team de Boks | AK 45 | 1972 | 12 | 00:29:50.3 | 02:11:55.5 | 02:02:31.4 | 04:44:17.2 | 01:16:01.5 |
| 87 | 78 | 126 | Jan Heymann | Tri-Geckos Dortmund | AK 40 | 1979 | 16 | 00:32:47.7 | 02:20:10.9 | 01:51:42.0 | 04:44:40.6 | 01:16:24.9 |
| 88 | 79 | 175 | Jens Schlüter | Coesfeld | AK 35 | 1980 | 8 | 00:29:37.1 | 02:13:52.4 | 02:01:35.7 | 04:45:05.2 | 01:16:49.5 |
| 89 | 80 | 129 | Christian Koch | TriTeam TSG Sprockhövel | AK 50 | 1965 | 22 | 00:26:03.1 | 02:08:34.6 | 02:11:01.1 | 04:45:38.8 | 01:17:23.1 |
| 90 | 81 | 161 | Raphael Kampshoff | TV Vreden | AK 40 | 1975 | 17 | 00:34:39.7 | 02:17:34.6 | 01:53:35.3 | 04:45:49.6 | 01:17:33.9 |
| 91 | 10 | 139 | Sabine Nowak | TV 01 Bohmte | AK 40 | 1979 | 1 | 00:26:30.8 | 02:21:34.7 | 01:58:27.9 | 04:46:33.4 | 01:18:17.7 |
| 92 | 82 | 100 | Andreas Kreft | TGH | AK 45 | 1971 | 13 | 00:30:16.8 | 02:14:07.3 | 02:02:38.7 | 04:47:02.8 | 01:18:47.1 |
| 93 | 83 | 34 | Rob Bos | De Boks | AK 40 | 1978 | 18 | 00:32:03.3 | 02:17:06.3 | 01:59:34.3 | 04:48:43.9 | 01:20:28.2 |
| 94 | 84 | 62 | Maik Wennemer | Marathon Ibbenbüren | AK 45 | 1974 | 14 | 00:27:21.6 | 02:23:35.9 | 01:57:51.5 | 04:48:49.0 | 01:20:33.3 |
| 95 | 85 | 56 | Dirk Terhorst | LG Emsdetten Tri-Team | AK 50 | 1969 | 23 | 00:26:00.5 | 02:22:03.3 | 02:02:04.2 | 04:50:08.0 | 01:21:52.3 |
| 96 | 86 | 153 | Martin Lammers | TV Lengerich | AK 50 | 1968 | 24 | 00:30:36.8 | 02:17:50.2 | 02:03:42.4 | 04:52:09.4 | 01:23:53.7 |
| 97 | 11 | 50 | Ulrike Mandt | Hartman Triathlon Team | AK 50 | 1965 | 4 | 00:27:01.7 | 02:14:36.7 | 02:10:54.1 | 04:52:32.5 | 01:24:16.8 |
| 98 | 87 | 44 | Peter Frickhöffer | FC St. Pauli Triathlon | AK 55 | 1964 | 5 | 00:31:11.7 | 02:12:38.8 | 02:09:30.6 | 04:53:21.1 | 01:25:05.4 |
| 99 | 88 | 42 | Jan Oßenbrink | FC Bayern München | AK 45 | 1970 | 15 | 00:26:41.6 | 02:14:44.6 | 02:12:23.6 | 04:53:49.8 | 01:25:34.1 |
| 100 | 89 | 149 | Dennis Müller | TV Gronau | AK 35 | 1981 | 9 | 00:32:05.0 | 02:13:59.0 | 02:08:38.1 | 04:54:42.1 | 01:26:26.4 |
| 101 | 90 | 84 | Jörn Janning | Soester TriTeam | AK 40 | 1978 | 19 | 00:33:38.0 | 02:10:22.2 | 02:10:58.1 | 04:54:58.3 | 01:26:42.6 |
| 102 | 91 | 137 | Jose Driussi | TuS-Gidlehaus | AK 55 | 1961 | 6 | 00:27:55.5 | 02:28:07.7 | 01:54:19.7 | 04:55:22.9 | 01:27:07.2 |
| 103 | 92 | 59 | Thomas Surmann | LT Wischlingen Dortmund | AK 50 | 1966 | 25 | 00:30:52.3 | 02:16:57.3 | 02:08:06.2 | 04:55:55.8 | 01:27:40.1 |
| 104 | 93 | 146 | Andreas Schmidt | TV Germania Kaiserau1876 e.V. | AK 45 | 1971 | 16 | 00:31:04.5 | 02:10:49.3 | 02:14:37.6 | 04:56:31.4 | 01:28:15.7 |
| 105 | 94 | 172 | Dirk Nowack | Lengerich | AK 45 | 1974 | 17 | 00:36:17.5 | 02:15:10.9 | 02:05:28.6 | 04:56:57.0 | 01:28:41.3 |
| 106 | 95 | 111 | Folkert Bos | Triathlon Team de Boks | AK 50 | 1966 | 26 | 00:36:54.1 | 02:13:17.9 | 02:08:39.5 | 04:58:51.5 | 01:30:35.8 |
| 107 | 12 | 189 | Jana Westerholt | Oldenburg | AK 25 | 1992 | 1 | 00:32:34.7 | 02:24:59.5 | 02:01:27.6 | 04:59:01.8 | 01:30:46.1 |
| 108 | 96 | 169 | Andre Schulenberg | VfR Voxtrup Laufabteilung | AK 30 | 1986 | 9 | 00:35:54.6 | 02:25:08.5 | 01:58:20.3 | 04:59:23.4 | 01:31:07.7 |
| 109 | 13 | 165 | Elena Jopp | USC Kiel | AK 35 | 1984 | 3 | 00:29:45.0 | 02:19:12.5 | 02:12:19.9 | 05:01:17.4 | 01:33:01.7 |

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|-----|-----|-----|---------------------|--------------------------------|-------|------|----|------------|------------|------------|------------|------------|
| 110 | 14 | 88 | Elisa Schipper | SV Aegir 09 Hannover | AK 30 | 1985 | 3 | 00:33:02.2 | 02:31:21.0 | 02:00:27.9 | 05:04:51.1 | 01:36:35.4 |
| 111 | 97 | 173 | Peter Werp | Tri Finish Münster | AK 50 | 1968 | 27 | 00:30:07.6 | 02:21:46.2 | 02:13:08.4 | 05:05:02.2 | 01:36:46.5 |
| 112 | 98 | 152 | Reiner Bosse | TV Kattenvenne | AK 50 | 1969 | 28 | 00:38:35.0 | 02:20:15.2 | 02:07:18.8 | 05:06:09.0 | 01:37:53.3 |
| 113 | 15 | 142 | Stefanie Streich | TV Georgsmarienhütte | AK 50 | 1968 | 5 | 00:32:30.2 | 02:34:43.7 | 02:00:42.4 | 05:07:56.3 | 01:39:40.6 |
| 114 | 99 | 104 | Martin Kostka | tri-adler borussia delmenhorst | AK 50 | 1968 | 29 | 00:36:11.2 | 02:34:25.8 | 01:59:19.7 | 05:09:56.7 | 01:41:41.0 |
| 115 | 100 | 47 | Tsjeard Hofstra | Frysman | AK 35 | 1981 | 10 | 00:34:57.1 | 02:21:19.4 | 02:15:03.1 | 05:11:49.6 | 01:43:33.9 |
| 116 | 16 | 85 | Eva-Maria Arning | Spiridon Haltern | AK 50 | 1969 | 6 | 00:38:11.2 | 02:28:43.6 | 02:05:21.4 | 05:12:16.2 | 01:44:00.5 |
| 117 | 101 | 171 | Rudolf Schubert | Haltern am See | AK 70 | 1949 | 1 | 00:38:11.7 | 02:28:00.8 | 02:06:03.7 | 05:12:16.2 | 01:44:00.5 |
| 118 | 17 | 48 | Berber Akkerman | Frysman | AK 35 | 1982 | 4 | 00:35:15.9 | 02:28:41.6 | 02:09:15.2 | 05:13:12.7 | 01:44:57.0 |
| 119 | 102 | 182 | Ralf Korte | Münster | AK 50 | 1968 | 30 | 00:35:56.6 | 02:09:06.2 | 02:31:24.6 | 05:16:27.4 | 01:48:11.7 |
| 120 | 18 | 191 | Anke Moennig | Osnabrück | AK 40 | 1975 | 2 | 00:34:22.6 | 02:27:03.9 | 02:15:06.4 | 05:16:32.9 | 01:48:17.2 |
| 121 | 103 | 194 | Nick Dreiling | Enger | AK 45 | 1972 | 18 | 00:30:09.4 | 02:16:05.8 | 02:36:37.4 | 05:22:52.6 | 01:54:36.9 |
| 122 | 104 | 41 | Klaus Brinkmann | ETuS Rheine | AK 55 | 1964 | 7 | 00:38:19.7 | 02:34:09.2 | 02:06:10.0 | 05:23:38.9 | 01:55:23.2 |
| 123 | 19 | 107 | Anne-Marie Klappach | Triathlon Mülheim | AK 25 | 1990 | 2 | 00:36:06.9 | 02:34:25.9 | 02:16:25.1 | 05:26:57.9 | 01:58:42.2 |
| 124 | 105 | 120 | Wolfgang Wolke | TriClub Wuppertal | AK 50 | 1965 | 31 | 00:38:02.3 | 02:23:43.9 | 02:29:03.9 | 05:30:50.1 | 02:02:34.4 |
| 125 | 106 | 81 | Hans Endl | SC Weyhe | AK 65 | 1951 | 1 | 00:33:02.0 | 02:32:45.4 | 02:27:28.6 | 05:33:16.0 | 02:05:00.3 |
| 126 | 107 | 83 | Ingo Moss | SC Weyhe -Triathlon- | AK 45 | 1974 | 19 | 00:42:15.7 | 02:38:07.8 | 02:35:52.5 | 05:56:16.0 | 02:28:00.3 |
| 127 | 20 | 52 | Vanessa Wehner | Hartmann TriTeam TVG Kaiserau | AK 30 | 1989 | 4 | 00:40:27.9 | 02:42:58.2 | 02:34:34.5 | 05:58:00.6 | 02:29:44.9 |
| 128 | 108 | 98 | René Medici | Team Erdinger Alkoholfrei | AK 40 | 1976 | 20 | 00:38:29.7 | 02:36:50.5 | 02:52:24.1 | 06:07:44.3 | 02:39:28.6 |
| 129 | 109 | 78 | Reinhold Dr. Hemker | SC Altenrheine | AK 75 | 1944 | 1 | 00:41:57.4 | 02:59:28.8 | 02:53:10.2 | 06:34:36.4 | 03:06:20.7 |
| 130 | 110 | 91 | Markus Feldbusch | SV Teuto Riesenbeck | AK 45 | 1970 | 20 | 00:29:59.3 | x | x | DSQ | |