

28. Steinbecker Triathlon 2019



Verbandsliga Nord Männer am 23.06.2019
Ergebnisliste

Rang	R-M	R-W	Snr	Name	Verein	AK	Jg	R-AK	Zwischenzeiten			Endzeit	Rückstand
									Schwimmen	Rad	Lauf		
1	1		557	Heiko Lewanzik	Tri Speed Marienfeld II	AK 35	1981	1	00:21:32.8	01:05:05.2	00:38:06.4	02:04:44.4	00:00:00.0
2	2		534	Matthias Arnold	WEICON Tri Finish Münster IV	AK 25	1990	1	00:24:58.0	01:04:33.7	00:41:22.4	02:10:54.1	00:06:09.7
3	3		520	Jannis Rohden	ASC Ahlen	AK 20	1999	1	00:25:29.9	01:06:47.2	00:40:48.5	02:13:05.6	00:08:21.2
4	4		549	Markus Schulte-Albert	Marathon Steinfurt	AK 30	1986	1	00:26:15.6	01:06:43.4	00:41:25.5	02:14:24.5	00:09:40.1
5	5		541	Fabian Hoffmann	Tri-Team Selimed Herscheid II	AK 30	1986	2	00:25:56.2	01:11:21.4	00:40:40.2	02:17:57.8	00:13:13.4
6	6		513	Malte Fishedick	W + F Münster III	AK 20	1995	2	00:29:25.6	01:09:20.4	00:39:48.3	02:18:34.3	00:13:49.9
7	7		521	Aloys Buschkühl	TRITANS Lippstadt	AK 45	1974	1	00:28:16.7	01:11:25.9	00:39:04.0	02:18:46.6	00:14:02.2
8	8		514	Jannik Feder	W + F Münster III	AK 20	1995	3	00:26:27.1	01:10:57.8	00:42:51.9	02:20:16.8	00:15:32.4
9	9		542	Frank Holzmann	Tri-Team Selimed Herscheid II	AK 45	1972	2	00:25:57.8	01:14:12.2	00:40:12.0	02:20:22.0	00:15:37.6
10	10		536	Jan-Philipp Wies	WEICON Tri Finish Münster IV	AK 25	1992	2	00:21:39.4	01:11:28.0	00:47:43.7	02:20:51.1	00:16:06.7
11	11		507	Jan-Kristof Müller	SC Westfalia 04 Herne	AK 40	1979	1	00:28:10.3	01:09:41.7	00:43:40.5	02:21:32.5	00:16:48.1
12	12		550	Marc Außendorf	Marathon Steinfurt	AK 35	1984	2	00:24:06.5	01:14:41.3	00:44:09.0	02:22:56.8	00:18:12.4
13	13		506	Michael Gniffke	SC Westfalia 04 Herne	AK 45	1972	3	00:26:24.8	01:07:52.6	00:48:52.0	02:23:09.4	00:18:25.0
14	14		505	Björn Esser	SC Westfalia 04 Herne	AK 35	1980	3	00:28:13.2	01:10:26.2	00:44:55.7	02:23:35.1	00:18:50.7
15	15		533	Julian Donnermeyer	WEICON Tri Finish Münster IV	AK 25	1993	3	00:23:01.6	01:12:20.5	00:48:33.9	02:23:56.0	00:19:11.6
16	16		519	Jonas Barwinski	ASC Ahlen	AK 20	1997	4	00:27:08.2	01:16:40.0	00:40:33.3	02:24:21.5	00:19:37.1
17	17		528	Carsten Künske	SV Hullern 68	AK 35	1981	4	00:21:36.2	01:12:42.0	00:50:34.5	02:24:52.7	00:20:08.3
18	18		559	Marco Pietsch	Tri Speed Marienfeld II	AK 20	1997	5	00:27:25.4	01:09:08.1	00:48:37.1	02:25:10.6	00:20:26.2
19	19		571	Andreas Meyer	Bermann alles grünSV Teuto Riesenbeck	AK 55	1962	1	00:26:02.0	01:13:11.4	00:46:03.0	02:25:16.4	00:20:32.0
20	20		531	Benjamin Rayher	Tri Ducks Dorsten I	AK 45	1971	4	00:27:53.0	01:14:12.1	00:43:48.3	02:25:53.4	00:21:09.0
21	21		515	Thomas Weers	W + F Münster III	AK 45	1970	5	00:25:52.9	01:12:15.0	00:48:09.0	02:26:16.9	00:21:32.5
22	22		517	Martin Schnafel	ASC Ahlen	AK 50	1965	1	00:26:18.8	01:11:01.0	00:49:07.5	02:26:27.3	00:21:42.9
23	23		567	Christian Wesendahl	SC Altenrheine I	AK 40	1978	2	00:27:55.3	01:11:32.9	00:47:16.1	02:26:44.3	00:21:59.9
24	24		568	Ralf UHlenbruch	SC Altenrheine I	AK 50	1965	2	00:25:59.5	01:14:50.4	00:46:00.1	02:26:50.0	00:22:05.6
25	25		562	Dirk Schniedertöns	SuS Stadtlohn	AK 55	1964	2	00:22:46.2	01:16:19.4	00:48:36.8	02:27:42.4	00:22:58.0
26	26		523	Sebastian Mital	TRITANS Lippstadt	AK 35	1982	5	00:27:08.1	01:11:58.6	00:49:28.2	02:28:34.9	00:23:50.5
27	27		537	Peter Siepermann	TuS 09 Erkenschwick I	AK 40	1976	3	00:32:04.5	01:11:33.2	00:45:18.3	02:28:56.0	00:24:11.6
28	28		545	Peter Häßler	LV Tristar Oelde II	AK 50	1969	3	00:26:27.8	01:15:56.6	00:46:52.4	02:29:16.8	00:24:32.4
29	29		503	Gabriel Penning	ASV Duisburg	AK 30	1985	3	00:28:14.2	01:12:33.7	00:48:35.7	02:29:23.6	00:24:39.2
30	30		516	Martin Weissner	W + F Münster III	AK 40	1976	4	00:27:53.4	01:16:43.8	00:45:00.1	02:29:37.3	00:24:52.9
31	31		527	Marcel van Eik	SV Hullern 68	AK 20	1998	6	00:26:33.8	01:16:17.9	00:46:50.5	02:29:42.2	00:24:57.8

32	32	501	Benjamin Friedhoff	ASV Duisburg	AK 40	1979	5	00:28:17.8	01:12:23.3	00:49:07.4	02:29:48.5	00:25:04.1
33	33	526	Hendrik Hassenkamp	SV Hullern 68	AK 20	1997	7	00:21:40.3	01:18:42.5	00:50:14.8	02:30:37.6	00:25:53.2
34	34	535	André Riesmeier	WEICON Tri Finish Münster IV	AK 50	1967	4	00:28:04.0	01:15:49.6	00:47:30.1	02:31:23.7	00:26:39.3
35	35	509	Felix Kiel	TSVE 1890 Bielefeld II	AK 30	1987	4	00:26:00.7	01:13:00.2	00:52:28.9	02:31:29.8	00:26:45.4
36	36	508	Marcus Ziemann	SC Westfalia 04 Herne	AK 45	1972	6	00:28:30.3	01:13:12.0	00:49:52.9	02:31:35.2	00:26:50.8
37	37	511	Hans Motycka	TSVE 1890 Bielefeld II	AK 45	1970	7	00:31:57.7	01:16:41.6	00:43:13.6	02:31:52.9	00:27:08.5
38	38	551	Torsten Wienefoet	Marathon Steinfurt	AK 35	1981	6	00:29:21.5	01:09:20.7	00:53:24.5	02:32:06.7	00:27:22.3
39	39	504	Raphael Penning	ASV Duisburg	AK 30	1988	5	00:24:38.7	01:17:57.6	00:49:51.0	02:32:27.3	00:27:42.9
40	40	569	Oliver Berghaus	Bermann alles grünSV Teuto Riesenbeck	AK 35	1981	7	00:29:27.9	01:15:49.0	00:47:14.3	02:32:31.2	00:27:46.8
41	41	518	Martin Stertenbrink	ASC Ahlen	AK 35	1980	8	00:29:17.7	01:14:36.8	00:49:07.9	02:33:02.4	00:28:18.0
42	42	558	Jan Kriefft	Tri Speed Marienfeld II	AK 30	1989	6	00:26:18.3	01:16:34.0	00:50:33.1	02:33:25.4	00:28:41.0
43	43	546	Justin Karwinkel	LV Tristar Oelde II	AK 20	1999	8	00:22:36.8	01:14:33.7	00:56:39.8	02:33:50.3	00:29:05.9
44	44	547	Evgeni Mamaikanov	LV Tristar Oelde II	AK 30	1985	7	00:26:21.6	01:17:19.3	00:51:48.0	02:35:28.9	00:30:44.5
45	45	510	Jan - Martin Herbst	TSVE 1890 Bielefeld II	AK 35	1982	9	00:28:26.1	01:21:56.9	00:45:33.4	02:35:56.4	00:31:12.0
46	46	538	Thorsten Berg	TuS 09 Erkenschwick I	AK 35	1984	10	00:31:14.4	01:17:16.1	00:48:12.1	02:36:42.6	00:31:58.2
47	47	564	Matthias Wantia	SuS Stadtlohn	AK 35	1983	11	00:25:51.5	01:16:05.7	00:55:19.5	02:37:16.7	00:32:32.3
48	48	552	Sascha Weber	Marathon Steinfurt	AK 40	1976	6	00:27:24.2	01:20:21.2	00:50:26.0	02:38:11.4	00:33:27.0
49	49	570	Frank Miethe	Bermann alles grünSV Teuto Riesenbeck	AK 40	1975	7	00:32:32.3	01:15:34.9	00:50:22.5	02:38:29.7	00:33:45.3
50	50	560	Robert Becker	Tri Speed Marienfeld II	AK 55	1964	3	x	00:26:11.2	02:12:34.6	02:38:45.8	00:34:01.4
51	51	553	Gunnar Floßbach	TV Hülsenbusch II	AK 45	1974	8	00:27:21.1	01:13:40.9	00:58:40.5	02:39:42.5	00:34:58.1
52	52	524	Jens Bruch	TRITANS Lippstadt	AK 35	1983	12	00:28:23.8	01:20:01.6	00:51:32.3	02:39:57.7	00:35:13.3
53	53	530	Volker Broders	Tri Ducks Dorsten I	AK 45	1974	9	00:28:09.5	01:18:22.0	00:53:29.6	02:40:01.1	00:35:16.7
54	54	555	Gianluca Irmeler	TV Hülsenbusch II	AK 20	1995	9	00:24:15.3	01:16:47.4	00:59:16.8	02:40:19.5	00:35:35.1
55	55	522	Luis Portela	TRITANS Lippstadt	AK 55	1961	4	00:31:05.5	01:18:57.1	00:50:18.7	02:40:21.3	00:35:36.9
56	56	502	Michael Kwiatkowski	ASV Duisburg	AK 40	1977	8	00:27:27.1	01:22:54.7	00:50:03.8	02:40:25.6	00:35:41.2
57	57	525	Ralf Hassenkamp	SV Hullern 68	AK 55	1964	5	00:26:56.5	01:18:14.8	00:55:17.5	02:40:28.8	00:35:44.4
58	58	548	Ralf Schumacher	LV Tristar Oelde II	AK 50	1968	5	00:27:26.9	01:20:16.9	00:53:05.8	02:40:49.6	00:36:05.2
59	59	566	Sebastian Dobrzinski	SC Altenrheine I	AK 35	1981	13	00:26:35.6	01:18:39.4	00:57:08.9	02:42:23.9	00:37:39.5
60	60	543	Markus Schick	Tri-Team Selimed Herscheid II	AK 25	1993	4	00:33:54.9	01:20:12.7	00:48:56.6	02:43:04.2	00:38:19.8
61	61	563	Olaf Steinhagen	SuS Stadtlohn	AK 50	1965	6	00:28:20.8	01:15:43.8	00:59:02.6	02:43:07.2	00:38:22.8
62	62	572	Rainer Bien	Bermann alles grünSV Teuto Riesenbeck	AK 35	1983	14	00:31:23.2	01:16:44.4	00:55:47.1	02:43:54.7	00:39:10.3
63	63	532	Arno Vogel	Tri Ducks Dorsten I	AK 50	1968	7	00:29:57.7	01:16:16.6	00:58:49.3	02:45:03.6	00:40:19.2
64	64	565	Thorsten Asche	SC Altenrheine I	AK 50	1969	8	00:30:59.9	01:22:35.6	00:56:23.6	02:49:59.1	00:45:14.7
65	65	544	Tobias Teusch	Tri-Team Selimed Herscheid II	AK 25	1993	5	00:34:25.1	01:20:02.7	00:56:05.9	02:50:33.7	00:45:49.3
66	66	512	Tim Köhler	TSVE 1890 Bielefeld II	AK 40	1977	9	00:34:19.7	01:25:48.0	00:53:31.0	02:53:38.7	00:48:54.3
67	67	554	Fabian Krampe	TV Hülsenbusch II	AK 30	1987	8	00:34:39.9	01:23:33.6	00:55:39.3	02:53:52.8	00:49:08.4
68	68	561	Frank Dornbusch	SuS Stadtlohn	AK 50	1966	9	00:34:17.1	01:24:44.1	00:55:11.4	02:54:12.6	00:49:28.2
69	69	529	Tobias Beckmann	Tri Ducks Dorsten I	AK 40	1978	10	00:34:09.2	01:24:17.8	00:56:20.7	02:54:47.7	00:50:03.3

70	70	540	Martin Vortmeier	TuS 09 Erkenschwick I	AK 50	1967	10	00:29:41.0	01:33:30.1	01:00:32.2	03:03:43.3	00:58:58.9
71	71	539	Markus Thiel	TuS 09 Erkenschwick I	AK 30	1986	9	00:34:23.2	01:26:49.0	01:09:03.4	03:10:15.6	01:05:31.2
72	72	556	Thomas Dwars	TV Hülsenbusch II	AK 50	1967	11	00:34:18.7	x	x	DNF	