

28. Steinbecker Triathlon 2019



Olympische Distanz am 23.06.2019
Ergebnisliste

Rang	R-M	R-W	Snr	Name	Verein	AK	Jg	R-AK	Zwischenzeiten			Endzeit	Rückstand
									Schwimmen	Rad	Lauf		
1	1		310	Leonard Arnold	RC Sorpesee Tri-Team	AK 25	1994	1	00:21:34.2	01:06:00.8	00:36:18.1	02:03:53.1	00:00:00.0
2	2		350	Tim Zudrop	TRISPEED Marienfeld	AK 30	1988	1	00:22:11.2	01:04:12.2	00:38:07.6	02:04:31.0	00:00:37.9
3	3		369	Matthias Heinken	TV Norden	AK 25	1993	2	00:24:33.5	01:05:31.6	00:39:08.4	02:09:13.5	00:05:20.4
4	4		356	Matthias Hüsemann	TV 01 Bohmte	AK 40	1977	1	00:23:29.7	01:06:16.3	00:41:41.3	02:11:27.3	00:07:34.2
5	5		368	Sascha Ludwig	TV Lengerich	AK 25	1992	3	00:23:37.9	01:08:01.0	00:42:24.5	02:14:03.4	00:10:10.3
6	6		293	Mark Feldschnieders	LC Nordhorn	AK 35	1980	1	00:24:37.2	01:09:22.1	00:41:33.1	02:15:32.4	00:11:39.3
7	7		389	Stefan Thal	TV Lengerich	AK 30	1989	2	00:25:41.9	01:13:56.7	00:42:56.1	02:22:34.7	00:18:41.6
8	8		367	Jörn Führung	TV lemgo	AK 45	1973	1	00:23:47.4	01:11:00.3	00:49:44.5	02:24:32.2	00:20:39.1
9	9		338	Alex Rodriguez Pares	TRC Essen 84	AK 20	1996	1	00:27:35.5	01:16:45.9	00:42:16.4	02:26:37.8	00:22:44.7
10	10		371	Andre Meyerhoff	TV Norden	AK 45	1971	2	00:30:10.6	01:13:18.9	00:43:23.9	02:26:53.4	00:23:00.3
11	11		354	Marcus Kaiser	TSV Bayer 04 Leverkusen	AK 50	1969	1	00:28:53.7	01:09:22.7	00:49:34.0	02:27:50.4	00:23:57.3
12	12		355	Christian Terstesse	TSVE 1890 Bielefeld	AK 50	1966	2	00:28:49.1	01:12:15.3	00:47:07.1	02:28:11.5	00:24:18.4
13	13		323	Jürgen Giesecke	SV Teuto Riesenbeck e.V.	AK 45	1970	3	00:29:53.9	01:15:34.7	00:44:20.4	02:29:49.0	00:25:55.9
14	14		341	Siegfried Taube	Tri Team Dissen	AK 55	1963	1	00:24:20.9	01:14:34.8	00:51:48.9	02:30:44.6	00:26:51.5
15	15		343	Michael Ziemann	Triathlon Team Düsseldorf	AK 35	1981	2	x	01:44:27.9	00:47:43.0	02:32:10.9	00:28:17.8
16	16		296	Heiner Harink	LC Nordhorn	AK 30	1985	3	00:31:04.1	01:18:48.1	00:42:34.3	02:32:26.5	00:28:33.4
17	17		477	Arne Brüning	Rietberg	AK 20	1997	2	00:25:44.1	01:14:39.2	00:52:21.4	02:32:44.7	00:28:51.6
18		1	351	Stefanie Lewanzik	TRISPEED Marienfeld	AK 35	1984	1	00:27:05.5	01:18:29.0	00:48:43.2	02:34:17.7	00:30:24.6
19	18		291	Christoph Brüggemann	Jericho Tri-Team	AK 30	1988	4	00:24:24.8	01:15:58.7	00:54:46.0	02:35:09.5	00:31:16.4
20	19		387	Marcel Prönneke	Düsseldorf	AK 30	1989	5	00:30:19.6	01:18:35.2	00:46:19.4	02:35:14.2	00:31:21.1
21	20		321	Andre Beyer-Lindenschmidt	SV Teuto Riesenbeck	AK 40	1979	2	00:28:06.2	01:17:16.8	00:49:51.8	02:35:14.8	00:31:21.7
22	21		395	Thomas Schuchmann	Bremen	AK 55	1960	2	00:28:27.7	01:12:48.8	00:54:13.5	02:35:30.0	00:31:36.9
23	22		324	Sven Scharfenstein	SV Tri City Darmstadt e.V.	AK 45	1971	4	00:33:02.7	01:12:52.9	00:49:48.6	02:35:44.2	00:31:51.1
24	23		281	Christoph Heynen	Düsseldorfer Schwimm-Club 1898 e.V.	AK 30	1988	6	00:24:47.1	01:19:40.2	00:52:06.2	02:36:33.5	00:32:40.4
25	24		336	Björn Preis	TLV Rue-Wer	AK 30	1987	7	00:27:57.8	01:20:56.3	00:47:48.4	02:36:42.5	00:32:49.4
26	25		317	Jens Borchers	SV Gladbeck 13	AK 35	1981	3	00:30:27.8	01:18:03.1	00:48:13.9	02:36:44.8	00:32:51.7
27	26		300	Burkard Sudhoff	M. Gladbacher TV 1848 e.V.	AK 55	1961	3	00:25:16.9	01:16:59.7	00:55:21.7	02:37:38.3	00:33:45.2
28	27		315	Frank Büssing	SG Voßberg-Lohne	AK 50	1969	3	00:26:57.9	01:23:19.0	00:47:41.9	02:37:58.8	00:34:05.7
29		2	353	Andrea Höller	TSV Bayer 04 Leverkusen	AK 50	1967	1	00:31:38.1	01:18:23.1	00:47:59.0	02:38:00.2	00:34:07.1
30	28		303	Karsten Guth	Marathon Soest	AK 40	1975	3	00:28:59.6	01:17:35.6	00:52:40.1	02:39:15.3	00:35:22.2
31	29		277	Stephan Bucker	AS Neukirchen-Vluyn	AK 45	1974	5	00:26:02.2	01:19:44.8	00:54:09.7	02:39:56.7	00:36:03.6

32	30	370	Daniel Steffens	TV Norden	AK 30	1988	8	00:30:02.4	01:20:54.9	00:49:02.5	02:39:59.8	00:36:06.7
33	31	314	Marcel Selinger	SG Neukölln Berlin	AK 30	1989	9	00:21:07.0	01:21:09.2	00:58:08.9	02:40:25.1	00:36:32.0
34	32	376	Leon von Grönheim	Vareler Turnerbund	JUN	2000	1	00:29:22.9	01:24:41.8	00:46:23.4	02:40:28.1	00:36:35.0
35	33	383	Daniel Gayk	Münster	AK 25	1993	4	00:25:55.8	01:24:28.9	00:50:09.8	02:40:34.5	00:36:41.4
36	34	361	Stefan Langen	TV Georgsmarienhütte	AK 50	1969	4	00:31:47.5	01:20:29.3	00:48:35.7	02:40:52.5	00:36:59.4
37	35	392	Philip Skotzke	Bielefeld	AK 20	1999	3	00:26:59.0	01:18:45.6	00:55:10.3	02:40:54.9	00:37:01.8
38	36	396	Till Schulz	Aurich	AK 20	1999	4	00:28:20.9	01:17:11.9	00:55:22.1	02:40:54.9	00:37:01.8
39	3	374	Barbara Riemann	TV Rheinbach	AK 45	1973	1	00:27:06.6	01:20:53.2	00:53:09.6	02:41:09.4	00:37:16.3
40	4	352	Kirsten Krohne	Tri-Speedys Peine	AK 45	1972	2	00:29:32.9	01:20:49.4	00:50:48.5	02:41:10.8	00:37:17.7
41	37	276	Christian Horn	1.Tri-Team Gütersloh GTV	AK 50	1967	5	00:31:36.2	01:26:23.0	00:43:11.8	02:41:11.0	00:37:17.9
42	38	357	Anthony Touzard	TV 01 Bohmte	AK 30	1985	10	00:28:31.6	01:23:59.4	00:49:00.7	02:41:31.7	00:37:38.6
43	39	305	Sebastian Klos	MiTo 1416	AK 35	1982	4	00:30:10.4	01:20:33.3	00:50:53.9	02:41:37.6	00:37:44.5
44	40	394	Marvin Droste	Darmstadt	AK 25	1994	5	00:30:05.2	01:23:30.9	00:48:57.2	02:42:33.3	00:38:40.2
45	41	294	Lars ter Bahne	LC Nordhorn	AK 45	1973	6	00:31:51.2	01:20:05.7	00:51:44.5	02:43:41.4	00:39:48.3
46	42	318	Jan Stötzel	SV Gladbeck 13	AK 40	1977	4	00:28:11.1	01:23:06.7	00:53:15.1	02:44:32.9	00:40:39.8
47	5	327	Christine Cordes	TC RW Kirchhundem	AK 35	1983	2	00:31:05.4	01:23:59.2	00:49:50.9	02:44:55.5	00:41:02.4
48	43	379	Ralf Powierski	Weseler TV Triathlon	AK 55	1963	4	00:28:08.3	01:22:15.7	00:55:08.8	02:45:32.8	00:41:39.7
49	44	359	Hans Peter Igelbrink	TV Georgsmarienhütte	AK 55	1963	5	00:31:13.9	01:24:37.6	00:50:14.7	02:46:06.2	00:42:13.1
50	45	388	Ralph Barrein	Meerbusch	AK 50	1968	6	00:27:11.8	01:24:22.4	00:54:32.4	02:46:06.6	00:42:13.5
51	46	312	Michael Heckhuis	SC Altenrheine	AK 50	1966	7	00:31:03.4	01:19:02.2	00:56:46.4	02:46:52.0	00:42:58.9
52	47	285	Uli Hoppe	Harpstedter TB Triathlon	AK 40	1978	5	00:33:31.7	01:16:44.1	00:56:39.1	02:46:54.9	00:43:01.8
53	48	297	Jürgen Bischof	LC Solbad Ravensberg	AK 55	1961	6	00:34:29.7	01:24:25.4	00:48:19.3	02:47:14.4	00:43:21.3
54	49	292	Gereon Tölg	Lahme Enten	AK 30	1985	11	00:32:04.3	01:21:52.9	00:53:43.7	02:47:40.9	00:43:47.8
55	50	299	Jan Dörr	LG Rheine-Elte	AK 30	1988	12	00:29:21.1	01:21:48.6	00:57:06.6	02:48:16.3	00:44:23.2
56	51	332	Andreas Braunstein	Team Erdinger Alkoholfrei	AK 35	1982	5	00:33:18.4	01:21:02.6	00:53:55.7	02:48:16.7	00:44:23.6
57	52	347	Jörg Brouwer	TriFun Hennesee	AK 50	1968	8	00:30:58.0	01:24:44.2	00:53:01.3	02:48:43.5	00:44:50.4
58	53	479	Christian Lemmer	Rheine	AK 30	1987	13	00:27:34.5	01:31:04.0	00:50:08.6	02:48:47.1	00:44:54.0
59	6	307	Anna König	MTV Soltau	JUN	2000	1	00:29:43.0	01:24:01.0	00:55:15.9	02:48:59.9	00:45:06.8
60	54	364	Alexander Winterholler	TV Gronau 1887 eV	AK 30	1987	14	00:28:31.0	01:23:28.3	00:57:23.1	02:49:22.4	00:45:29.3
61	55	372	Robert Frerichs	TV Norden	AK 45	1974	7	00:30:25.0	01:22:19.2	00:56:59.9	02:49:44.1	00:45:51.0
62	56	282	Tom Allen Mitchell	Gruppe Ingenieurbau	AK 25	1992	6	00:27:46.9	01:22:51.2	00:59:34.8	02:50:12.9	00:46:19.8
63	57	287	Martin Tykfer	Haselünner Sportverein (HSV)	AK 50	1967	9	00:28:17.1	01:21:12.0	01:00:48.1	02:50:17.2	00:46:24.1
64	58	334	Erik Unger	Team Herman Paus Maschinenfabrik	AK 50	1967	10	00:31:32.6	01:21:04.9	00:57:58.2	02:50:35.7	00:46:42.6
65	59	381	Thorsten Schoo	Westfalia Hopsten	AK 35	1980	6	00:32:10.2	01:26:00.6	00:52:28.9	02:50:39.7	00:46:46.6
66	60	385	Achim Otto	Dortmund	AK 35	1980	7	00:30:07.3	01:28:55.8	00:52:26.8	02:51:29.9	00:47:36.8
67	7	366	Kerstin Dwars-Friedrich	TV Hülsenbusch 1905	AK 45	1972	3	00:34:19.2	01:26:39.2	00:52:11.2	02:53:09.6	00:49:16.5
68	61	382	Udo Rehberg	WSU-Triteam Warendorf	AK 60	1957	1	00:26:03.8	01:16:30.1	01:10:56.8	02:53:30.7	00:49:37.6
69	62	308	Stephan Krone	Osnabrücker SC	AK 50	1965	11	00:33:32.8	01:26:30.0	00:54:42.3	02:54:45.1	00:50:52.0

70		8	325	Hannah Völkering	SV TriCity Darmstadt	AK 35	1981	3	00:32:01.7	01:28:12.5	00:56:32.5	02:56:46.7	00:52:53.6
71	63		274	Markus Stralla	1. Tri-Club Paderborn	AK 45	1973	8	00:32:10.8	01:23:08.5	01:02:13.5	02:57:32.8	00:53:39.7
72	64		344	Jörg Blesgen	Tricity Darmstadt	AK 50	1966	12	00:30:33.5	01:25:45.8	01:01:57.0	02:58:16.3	00:54:23.2
73	65		398	Dirk Bormann	Bielefeld	AK 50	1968	13	00:31:10.4	01:23:22.9	01:04:02.5	02:58:35.8	00:54:42.7
74	66		326	Thomas Stipp	TC Kirchhundem	AK 40	1979	6	00:34:22.1	01:23:29.1	01:01:06.2	02:58:57.4	00:55:04.3
75	67		335	Jonas Böggemann	TGA	AK 25	1992	7	00:34:10.9	01:24:50.5	00:59:58.9	02:59:00.3	00:55:07.2
76	68		342	Kay Bieker	Tri-As Hamm	AK 50	1969	14	00:29:42.8	01:25:55.1	01:04:51.7	03:00:29.6	00:56:36.5
77	69		306	Matthias Dietrich	MTV Hohenkirchen	AK 50	1965	15	00:28:23.2	01:31:55.7	01:03:49.8	03:04:08.7	01:00:15.6
78	70		390	Bernd Keuten	Bremen	AK 45	1970	9	00:31:01.9	01:29:22.9	01:05:01.8	03:05:26.6	01:01:33.5
79		9	481	Sarah Webel	Bad Pyrmont	AK 25	1992	1	00:34:07.0	01:27:49.7	01:05:17.6	03:07:14.3	01:03:21.2
80	71		348	Dietmar Blume	TriFun Hennesee	AK 45	1971	10	00:35:10.4	01:36:49.5	00:55:36.3	03:07:36.2	01:03:43.1
81	72		345	Christoph Dzionsko	TriFinish Münster	AK 55	1964	7	00:31:27.0	01:30:05.2	01:06:10.1	03:07:42.3	01:03:49.2
82		10	375	Sonja Dreiling	TVC Enger	AK 45	1971	4	00:34:54.9	01:30:26.9	01:02:43.6	03:08:05.4	01:04:12.3
83		11	346	Sandra Hennen	TriFinish Münster	AK 30	1988	1	00:31:09.8	01:31:27.1	01:05:38.4	03:08:15.3	01:04:22.2
84	73		304	Peter Holthues	Marathon Steinfurt	AK 60	1958	2	00:35:28.4	01:36:42.3	00:57:04.0	03:09:14.7	01:05:21.6
85		12	399	Susan Schädler	Leer	AK 60	1959	1	00:33:34.0	01:33:15.8	01:03:09.9	03:09:59.7	01:06:06.6
86	74		480	Dirk Werning	Bad Bentheim	AK 30	1985	15	00:29:32.5	01:40:06.5	01:00:57.6	03:10:36.6	01:06:43.5
87		13	362	Barbara Nieten	Tv Goch	AK 50	1969	2	x	00:30:15.4	02:40:39.2	03:10:54.6	01:07:01.5
88	75		380	Christoph Schlott	Westfalia Hombruch	AK 50	1967	16	00:36:47.0	01:26:16.6	01:07:58.6	03:11:02.2	01:07:09.1
89	76		333	Dennis Grüter	Team ERDINGER Alkoholfrei	AK 40	1979	7	00:34:09.7	01:30:06.8	01:08:00.3	03:12:16.8	01:08:23.7
90	77		484	Stefan Ostendorf	SV Teuto Riesenbeck	AK 25	1991	8	00:29:50.0	01:27:57.6	01:16:17.6	03:14:05.2	01:10:12.1
91	78		301	Torsten Gronemann	Marathon Ibbenbüren	AK 45	1971	11	00:35:49.1	01:31:40.6	01:07:24.8	03:14:54.5	01:11:01.4
92	79		386	Kilian Arends	Ibbenbüren	AK 25	1992	9	00:34:47.5	01:36:04.0	01:04:23.2	03:15:14.7	01:11:21.6
93	80		397	Andrey Bajgosin	Ibbenbüren	AK 30	1986	16	00:35:03.7	01:36:12.0	01:05:08.2	03:16:23.9	01:12:30.8
94	81		384	Christian Nordmann	Bissendorf	AK 45	1973	12	00:34:45.4	01:35:21.1	01:07:26.5	03:17:33.0	01:13:39.9
95	82		478	Timo Winter	Münster	AK 35	1982	8	00:40:43.9	01:36:22.5	01:00:33.0	03:17:39.4	01:13:46.3
96	83		319	Arnold Brinkmann	SV Hansa Friesoythe Tri-Freaks	AK 35	1982	9	00:28:04.2	01:29:55.4	01:19:52.0	03:17:51.6	01:13:58.5
97	84		391	Malte Spillecke	Osnabrück	AK 25	1991	10	00:41:30.1	01:37:03.6	00:59:39.5	03:18:13.2	01:14:20.1
98		14	279	Binke Dürr	BSV	AK 45	1974	5	00:37:11.0	01:34:04.5	01:07:24.0	03:18:39.5	01:14:46.4
99		15	400	Sonja Lübker	Osnabrück	AK 25	1991	2	00:27:45.6	01:35:44.2	01:16:36.9	03:20:06.7	01:16:13.6
100	85		483	Marco Matheke	TV Hohne	AK 25	1991	11	00:35:04.8	01:38:04.2	01:07:50.8	03:20:59.8	01:17:06.7
101	86		283	Michael Pöppe	Gruppe Ingenieurbau	AK 30	1985	17	00:42:46.0	01:30:22.3	01:12:21.6	03:25:29.9	01:21:36.8
102	87		393	Christoph Hermes	Lippstadt	AK 25	1990	12	00:42:03.7	01:33:40.6	01:10:29.5	03:26:13.8	01:22:20.7
103		16	331	Claudia Droste	Team ClaRa	AK 50	1967	3	00:40:25.4	01:36:38.5	01:11:47.3	03:28:51.2	01:24:58.1
104		17	286	Nicole von Döllen	Harpstedter TB Triathlon	AK 40	1976	1	00:36:56.0	01:40:07.3	01:18:38.4	03:35:41.7	01:31:48.6
105		18	340	Julia Voß	Tri Finish Münster	AK 35	1981	4	00:39:56.6	01:47:26.8	01:15:23.6	03:42:47.0	01:38:53.9
106	88		278	Livius Hinz	BG Gimberte	AK 50	1969	17	00:41:53.6	01:43:50.4	01:31:08.2	03:56:52.2	01:52:59.1
107	89		295	Nicholas Lembcke	LC Nordhorn	AK 35	1984	10	00:22:07.0	01:08:51.9	x	DNF	