

28. Steinbecker Triathlon 2019



Oberliga Männer am 23.06.2019
Ergebnisliste

| Rang | R-M | R-W | Snr | Name | Verein | AK | Jg | R-AK | Zwischenzeiten | | | Endzeit | Rückstand | Zeitstrafe |
|------|-----|-----|-----|-------------------|-----------------------------|-------|------|------|----------------|------------|------------|------------|------------|------------|
| | | | | | | | | | Schwimmen | Rad | Lauf | | | |
| 1 | 1 | | 428 | Till Schaefer | SG Triathlon Witten | AK 30 | 1985 | 1 | 00:21:42.5 | 01:05:22.5 | 00:37:12.1 | 02:04:17.1 | 00:00:00.0 | |
| 2 | 2 | | 418 | Alexander Janizki | Bocholter WSV II | AK 45 | 1973 | 1 | 00:20:17.8 | 01:06:13.6 | 00:41:55.3 | 02:08:26.7 | 00:04:09.6 | |
| 3 | 3 | | 465 | Arne Müller | Viermärker Dortmund | AK 20 | 1996 | 1 | 00:22:12.9 | 01:04:53.7 | 00:41:36.5 | 02:08:43.1 | 00:04:26.0 | |
| 4 | 4 | | 461 | Tim Heinzemann | Tri Club Wuppertal | AK 30 | 1989 | 2 | x | 01:28:24.3 | 00:40:45.1 | 02:09:09.4 | 00:04:52.3 | |
| 5 | 5 | | 462 | Jan Paul Jakisch | Tri Club Wuppertal | AK 20 | 1998 | 2 | 00:23:16.5 | 01:05:02.9 | 00:41:13.5 | 02:09:32.9 | 00:05:15.8 | |
| 6 | 6 | | 429 | René Dörmbach | RC Lüdenscheid | AK 35 | 1982 | 1 | 00:22:16.5 | 01:06:42.2 | 00:41:27.1 | 02:10:25.8 | 00:06:08.7 | |
| 7 | 7 | | 473 | Micha Förderer | DSC 98 Düsseldorf | AK 30 | 1987 | 3 | 00:25:03.7 | 01:07:06.6 | 00:40:18.1 | 02:12:28.4 | 00:08:11.3 | |
| 8 | 8 | | 416 | Kim Pruß | SV Teuto Riesenbeck | AK 25 | 1992 | 1 | 00:24:07.0 | 01:10:23.2 | 00:38:26.1 | 02:12:56.3 | 00:08:39.2 | |
| 9 | 9 | | 414 | Jens Spinneker | SV Teuto Riesenbeck | AK 25 | 1991 | 2 | 00:25:11.2 | 01:08:36.7 | 00:39:16.3 | 02:13:04.2 | 00:08:47.1 | |
| 10 | 10 | | 422 | Uli Salentin | Team Indeland Eschweiler II | AK 45 | 1973 | 2 | 00:21:35.4 | 01:09:25.2 | 00:43:23.4 | 02:14:24.0 | 00:10:06.9 | |
| 11 | 11 | | 411 | Kjell Harmsen | TRC Essen 84 II | JUN | 2001 | 1 | 00:23:35.3 | 01:10:47.0 | 00:40:38.3 | 02:15:00.6 | 00:10:43.5 | |
| 12 | 12 | | 431 | Stefan Stubner | RC Lüdenscheid | AK 45 | 1973 | 3 | 00:23:33.1 | 01:09:50.5 | 00:42:19.0 | 02:15:42.6 | 00:11:25.5 | |
| 13 | 13 | | 427 | Dustin Thra | SG Triathlon Witten | AK 30 | 1985 | 4 | 00:23:59.4 | 01:10:02.2 | 00:42:43.5 | 02:16:45.1 | 00:12:28.0 | |
| 14 | 14 | | 407 | Arne Boden | M.Gladbacher TV 1848 | AK 30 | 1988 | 5 | x | 01:30:58.1 | 00:46:12.0 | 02:17:10.1 | 00:12:53.0 | |
| 15 | 15 | | 464 | Sebastian Kusch | Tri Club Wuppertal | AK 30 | 1987 | 6 | 00:25:59.9 | 01:09:04.5 | 00:42:25.1 | 02:17:29.5 | 00:13:12.4 | |
| 16 | 16 | | 434 | Lorant Jeschina | Schwelmer SC | AK 50 | 1969 | 1 | 00:22:26.4 | 01:06:21.0 | 00:48:47.1 | 02:17:34.5 | 00:13:17.4 | |
| 17 | 17 | | 409 | Stephan Berg | TRC Essen 84 II | AK 35 | 1982 | 2 | 00:23:13.5 | 01:11:49.5 | 00:42:43.4 | 02:17:46.4 | 00:13:29.3 | |
| 18 | 18 | | 441 | Carsten Hensiek | LC Solbad Ravensberg | AK 35 | 1984 | 3 | 00:24:38.2 | 01:08:43.0 | 00:44:46.3 | 02:18:07.5 | 00:13:50.4 | |
| 19 | 19 | | 463 | Lars Beer | Tri Club Wuppertal | AK 25 | 1990 | 3 | 00:22:21.6 | 01:14:51.6 | 00:40:59.6 | 02:18:12.8 | 00:13:55.7 | |
| 20 | 20 | | 421 | Achim Quadflieg | Team Indeland Eschweiler II | AK 50 | 1968 | 2 | 00:24:14.1 | 01:11:48.6 | 00:42:28.9 | 02:18:31.6 | 00:14:14.5 | |
| 21 | 21 | | 415 | Ingo Westermann | SV Teuto Riesenbeck | AK 35 | 1983 | 4 | 00:24:28.8 | 01:10:42.0 | 00:43:25.6 | 02:18:36.4 | 00:14:19.3 | |
| 22 | 22 | | 469 | Merlin Gajewski | SC Bayer 05 Uerdingen IV | AK 30 | 1986 | 7 | 00:24:21.9 | 01:09:24.8 | 00:45:01.2 | 02:18:47.9 | 00:14:30.8 | |
| 23 | 23 | | 405 | Niklas Ackermann | M.Gladbacher TV 1848 | AK 30 | 1986 | 8 | 00:28:34.1 | 01:08:31.0 | 00:41:48.3 | 02:18:53.4 | 00:14:36.3 | |
| 24 | 24 | | 470 | Jan Königs | SC Bayer 05 Uerdingen IV | AK 20 | 1999 | 3 | 00:21:00.5 | 01:11:00.5 | 00:47:22.8 | 02:19:23.8 | 00:15:06.7 | |
| 25 | 25 | | 468 | Tim Rödder | Viermärker Dortmund | AK 25 | 1991 | 4 | 00:24:04.1 | 01:09:59.2 | 00:46:08.2 | 02:20:11.5 | 00:15:54.4 | |
| 26 | 26 | | 457 | Torsten Niehues | Herner Triathlon Team 11 II | AK 30 | 1986 | 9 | 00:24:13.4 | 01:10:55.9 | 00:45:11.1 | 02:20:20.4 | 00:16:03.3 | |
| 27 | 27 | | 423 | Lars Königs | Team Indeland Eschweiler II | AK 40 | 1978 | 1 | 00:27:41.9 | 01:08:43.6 | 00:44:01.7 | 02:20:27.2 | 00:16:10.1 | |
| 28 | 28 | | 412 | Christian Laschet | TRC Essen 84 II | AK 40 | 1977 | 2 | 00:25:05.7 | 01:09:27.7 | 00:46:25.4 | 02:20:58.8 | 00:16:41.7 | |
| 29 | 29 | | 475 | Janek Förderer | DSC 98 Düsseldorf | AK 35 | 1984 | 5 | 00:25:01.7 | 01:09:49.6 | 00:46:37.0 | 02:21:28.3 | 00:17:11.2 | |
| 30 | 30 | | 445 | Rune Clemens | Kölner Triathlon Team 01 V | AK 20 | 1996 | 4 | 00:24:48.4 | 01:15:41.6 | 00:41:56.2 | 02:22:26.2 | 00:18:09.1 | |
| 31 | 31 | | 410 | Fabian Karst | TRC Essen 84 II | AK 25 | 1991 | 5 | 00:24:19.8 | 01:12:58.8 | 00:45:16.1 | 02:22:34.7 | 00:18:17.6 | |

| | | | | | | | | | | | | | | |
|----|----|-----|---------------------|-----------------------------|-------|------|----|---|------------|------------|------------|------------|------------|----------|
| 32 | 32 | 424 | Pascal Huppertz | Team Indeland Eschweiler II | AK 40 | 1979 | 3 | x | 01:42:22.8 | 00:40:27.1 | 02:22:49.9 | 00:18:32.8 | | |
| 33 | 33 | 472 | Peter Krins | SC Bayer 05 Uerdingen IV | AK 30 | 1987 | 10 | | 00:26:17.6 | 01:08:16.7 | 00:48:52.6 | 02:23:26.9 | 00:19:09.8 | |
| 34 | 34 | 443 | Mario Stiegemeyer | LC Solbad Ravensberg | AK 30 | 1989 | 11 | | 00:23:35.0 | 01:11:44.9 | 00:48:24.9 | 02:23:44.8 | 00:19:27.7 | |
| 35 | 35 | 402 | Mark Geilenberg | Hildener AT - Triathlon I | AK 40 | 1976 | 4 | | 00:25:14.4 | 01:12:32.5 | 00:46:00.6 | 02:23:47.5 | 00:19:30.4 | |
| 36 | 36 | 437 | Jan Geisemeier | 1. Tri Team Gütersloh I | AK 20 | 1996 | 5 | | 00:27:47.8 | 01:16:22.3 | 00:39:54.0 | 02:24:04.1 | 00:19:47.0 | |
| 37 | 37 | 413 | Frank Peters | SV Teuto Riesenbeck | AK 40 | 1977 | 5 | | 00:21:40.0 | 01:11:51.4 | 00:50:40.5 | 02:24:11.9 | 00:19:54.8 | |
| 38 | 38 | 459 | Sebastian Fiebich | Herner Triathlon Team 11 II | AK 35 | 1982 | 6 | | 00:23:36.5 | 01:14:01.6 | 00:47:05.5 | 02:24:43.6 | 00:20:26.5 | |
| 39 | 39 | 426 | Stefan Bachmayr | SG Triathlon Witten | AK 40 | 1975 | 6 | | 00:24:52.9 | 01:13:03.0 | 00:46:58.3 | 02:24:54.2 | 00:20:37.1 | |
| 40 | 40 | 474 | Tim Schnitzler | DSC 98 Düsseldorf | AK 30 | 1988 | 12 | x | 01:41:37.9 | 00:43:38.8 | 02:25:16.7 | 00:20:59.6 | | |
| 41 | 41 | 439 | Julian Oldenburg | 1. Tri Team Gütersloh I | AK 35 | 1982 | 7 | | 00:24:51.2 | 01:13:46.4 | 00:47:07.5 | 02:25:45.1 | 00:21:28.0 | |
| 42 | 42 | 451 | Frank Valtinke | ASV Köln II | AK 45 | 1973 | 4 | | 00:33:32.9 | 01:09:07.9 | 00:43:40.0 | 02:26:20.8 | 00:22:03.7 | |
| 43 | 43 | 433 | Bernd Gorschlüter | Schwelmer SC | AK 45 | 1971 | 5 | | 00:24:41.7 | 01:10:53.1 | 00:50:57.2 | 02:26:32.0 | 00:22:14.9 | |
| 44 | 44 | 425 | Benjamin Exner | SG Triathlon Witten | AK 30 | 1989 | 13 | | 00:29:28.5 | 01:10:04.3 | 00:47:09.6 | 02:26:42.4 | 00:22:25.3 | |
| 45 | 45 | 466 | Niklas Hoenen | Viermärker Dortmund | AK 20 | 1997 | 6 | | 00:25:23.4 | 01:12:50.1 | 00:49:18.7 | 02:27:32.2 | 00:23:15.1 | |
| 46 | 46 | 450 | Ralf Königs | ASV Köln II | AK 50 | 1968 | 3 | | 00:26:24.5 | 01:11:10.1 | 00:50:52.7 | 02:28:27.3 | 00:24:10.2 | |
| 47 | 47 | 442 | Tim-Felix Esselmann | LC Solbad Ravensberg | AK 40 | 1978 | 7 | | 00:30:01.9 | 01:12:53.4 | 00:45:37.1 | 02:28:32.4 | 00:24:15.3 | |
| 48 | 48 | 467 | Leon Hoenen | Viermärker Dortmund | JUN | 2000 | 2 | | 00:26:38.9 | 01:13:40.0 | 00:48:29.6 | 02:28:48.5 | 00:24:31.4 | |
| 49 | 49 | 458 | Marcel Tilly | Herner Triathlon Team 11 II | AK 35 | 1983 | 8 | | 00:24:14.7 | 01:16:51.1 | 00:47:55.6 | 02:29:01.4 | 00:24:44.3 | |
| 50 | 50 | 408 | Ralf Laermann | M.Gladbacher TV 1848 | AK 60 | 1958 | 1 | | 00:26:20.6 | 01:13:28.1 | 00:49:27.7 | 02:29:16.4 | 00:24:59.3 | |
| 51 | 51 | 432 | Torsten Neuhaus | RC Lüdenscheid | AK 35 | 1982 | 9 | | 00:23:40.8 | 01:12:19.1 | 00:53:29.7 | 02:29:29.6 | 00:25:12.5 | |
| 52 | 52 | 420 | Marco Radstaak | Bocholter WSV II | AK 45 | 1973 | 6 | | 00:25:46.0 | 01:13:24.4 | 00:51:25.6 | 02:30:36.0 | 00:26:18.9 | |
| 53 | 53 | 417 | Klaus Wink | Bocholter WSV II | AK 45 | 1970 | 7 | | 00:26:54.1 | 01:13:07.9 | 00:50:37.7 | 02:30:39.7 | 00:26:22.6 | |
| 54 | 54 | 403 | Chris Dyla | Hildener AT - Triathlon I | AK 30 | 1988 | 14 | | 00:26:16.3 | 01:15:51.1 | 00:50:27.2 | 02:32:34.6 | 00:28:17.5 | |
| 55 | 55 | 406 | Robert Dirnberger | M.Gladbacher TV 1848 | AK 25 | 1993 | 6 | | 00:25:09.5 | 01:14:43.7 | 00:52:44.2 | 02:32:37.4 | 00:28:20.3 | |
| 56 | 56 | 444 | Holger Steuer | LC Solbad Ravensberg | AK 50 | 1968 | 4 | | 00:27:47.5 | 01:07:56.7 | 00:57:11.2 | 02:32:55.4 | 00:28:38.3 | |
| 57 | 57 | 430 | Oliver Kleinschmidt | RC Lüdenscheid | AK 35 | 1980 | 10 | | 00:27:33.1 | 01:19:42.4 | 00:47:27.2 | 02:34:42.7 | 00:30:25.6 | |
| 58 | 58 | 476 | Hendrik Schweers | DSC 98 Düsseldorf | AK 30 | 1988 | 15 | | 00:30:20.3 | 01:16:44.3 | 00:47:56.4 | 02:35:01.0 | 00:30:43.9 | |
| 59 | 59 | 438 | Marian Kuhlbusch | 1. Tri Team Gütersloh I | JUN | 2000 | 3 | | 00:31:31.1 | 01:16:51.6 | 00:47:34.6 | 02:35:57.3 | 00:31:40.2 | |
| 60 | 60 | 471 | Jan Jonah Eckert | SC Bayer 05 Uerdingen IV | JUN | 2000 | 4 | | 00:24:05.6 | 01:16:05.0 | 00:57:19.8 | 02:37:30.4 | 00:33:13.3 | |
| 61 | 61 | 447 | Jonah Weinmann | Kölner Triathlon Team 01 V | JUN | 2000 | 5 | x | 01:42:54.0 | 00:55:51.1 | 02:38:45.1 | 00:34:28.0 | | |
| 62 | 62 | 460 | Daniel Steinbach | Herner Triathlon Team 11 II | AK 35 | 1982 | 11 | | 00:28:29.6 | 01:17:27.7 | 00:52:51.3 | 02:38:48.6 | 00:34:31.5 | |
| 63 | 63 | 452 | Enno von Seht | ASV Köln II | AK 35 | 1980 | 12 | | 00:27:46.9 | 01:16:29.0 | 00:55:50.0 | 02:40:05.9 | 00:35:48.8 | |
| 64 | 64 | 404 | Jan Phillip Wilms | Hildener AT - Triathlon I | JUN | 2000 | 6 | | 00:28:39.3 | 01:19:07.3 | 00:53:08.3 | 02:40:54.9 | 00:36:37.8 | |
| 65 | 65 | 419 | Ralf Himpler | Bocholter WSV II | AK 50 | 1966 | 5 | | 00:31:42.2 | 01:21:16.1 | 00:50:00.1 | 02:42:58.4 | 00:38:41.3 | |
| 66 | 66 | 449 | Ingo Bitter | ASV Köln II | AK 45 | 1974 | 8 | | 00:27:36.2 | 01:17:36.8 | 00:56:50.1 | 02:46:03.1 | 00:41:46.0 | 00:04:00 |
| 67 | 67 | 448 | Niels Weinmann | Kölner Triathlon Team 01 V | AK 45 | 1971 | 9 | | 00:23:58.1 | 01:15:17.3 | 01:07:11.8 | 02:46:27.2 | 00:42:10.1 | |
| 68 | 68 | 401 | Sebastian Ossyra | Hildener AT - Triathlon I | AK 45 | 1974 | 10 | | 00:34:46.7 | 01:34:46.6 | 01:03:14.2 | 03:12:47.5 | 01:08:30.4 | |
| 69 | 69 | 446 | Johannes Dupont | Kölner Triathlon Team 01 V | AK 20 | 1997 | 7 | | 00:23:42.7 | 01:36:19.7 | 00:26:50.1 | DSQ | | |